

## Simpson Memorial Library's Summer Newsletter 2016

8 Plymouth RD, PO Box 186 Carmel, ME 04419 207-848-7145 [www.simpsonmemorial.org](http://www.simpsonmemorial.org)

**Construction:** The antique bookcases are back and look lovely. The new bookcases for the addition are being built. Gardens and final touches are being done. Stay tuned for updates.

**Summer Read:** The theme for this year is, "**On Your Mark, Get Set... Read.**" The library offers Summer Read programs for all ages. Programming starts Tuesday, June 21 at 11:30 and continues for seven weeks. Coming to the weekly program is not required for participating in the Summer Read, but is fun. This year the library is participating in the USDA Summer Food Program, "Free Summer Meals for Kids and Teens 18 and Under." Meals are available each Tuesday at noon at the library through August 2nd. Children's meals are free. Adult's meals are \$3.

**Summer Line Up: Adult Coloring Program:** Did you know coloring is good for you? Research shows coloring "de-stresses" the brain by lowering the activity of the amygdala, the part of the brain involved with controlling emotion that is effected by stress. Come enjoy coloring on **Tuesday, July 5<sup>th</sup> and August 16<sup>th</sup> at 6:00pm.** You may bring your own pages and materials or see what Ms. Becky has to offer.

**Tick-Free ME:** The library will be one of many libraries partnering with Maine's CDC and Prevention for Tick-Free ME in July. Tick-Free ME is a month long challenge during which participants over the age of 45 monitor their repellent use, use of protective clothing, performance of tick checks, and outdoor maintenance. As part of the program Clay Kirby, Insect Diagnostician, will give a power point presentation and talk about ticks **on Thursday, July 14<sup>th</sup> at 6:00 pm at the Golden Harvest Grange**, 928 Main Rd, Carmel. Light refreshments will be served.

**Author visits: Thursday, July 28<sup>th</sup> at 6:00 at the library.** Jim Haskell, will give a talk about his book: "Two Tents: Twenty-one years of discovery on the Appalachian Trail." Jim is donating a portion of his books sold at this event to the library.

**Thursday, August 18<sup>th</sup> at 6:00 at the Golden Harvest Grange** the library presents "**Death and Desserts**" with three Maine mystery writers Kate Flora, Lea Wait and Dorothy Cannell. Come enjoy an evening out with a lively talk on mysteries, books and sample a variety of desserts.

**Thursday, September 15<sup>th</sup> at 6:00pm** at the **Golden Harvest Grange** John Ford, Retired Maine Game Warden and Mark Nickerson, Retired Maine State Trooper will be coming back for a second visit. The library has their new books, "Deer Diaries" by John Ford and "Behind the Blue Lights" by Mark Nickerson. Light refreshments will be served.

**Crafter's group:** Starting on June 30<sup>th</sup> the group will meet on **Thursdays at 6:00 pm** for the summer and early fall.

**Fall:** Story hour will start Sat. September 10<sup>th</sup> at 10:00 AM and Baby Story time will begin on Tuesday, Sept. 20<sup>th</sup> at 11:30.

**Carmel Days:** The library will be having its "Pie Table." There will be lots of different pies to select from. Pies may be purchased as a whole pie or by the slice.

**Home Bound:** If you are homebound in the Carmel area and need books, audio books, or movies, please let the library know. Materials will be delivered to your home. If interested, call Becky at the library and sign up for this service.

**Bottle Donations & Ink Cartridges:** The Library would like to thank everyone who has dropped off returnable bottles. The proceeds continue to help the library move ahead on its Building Fund. **Recycled ink cartridges:** The library will take them to Staples. Donations earn the library points towards supplies.